

## Certified Recovery Specialist (CRS) Training Series 2025

The CRS/CFRS training series will be held over ten weeks beginning 4/4/25 and concluding 6/6/25. Please note that Easter week (class 3) we will meet on Thursday April 17 instead of the normal Friday class day. The training is funded by the Pennsylvania Department of Drug & Alcohol Programs (DDAP) and hosted by Blair County Drug & Alcohol Programs.

There is no cost to attend. Upon completion of the class, application/testing fees for certification (\$150 for either CRS/CFRS or \$300 for both) will be the responsibility of each student.

### **Training Location:**

Blair Drug & Alcohol Programs (BDAP) 3001 Fairway Dr. Altoona, PA 16602

### To Apply:

- Potential candidates must begin by creating an account at https://www.pacertboard.org/
- Once an account is created, potential candidates must apply for the class at the following LINK
- Once approved by facilitator, students will be directed to create an account on DDAP's Training Management System (required for this class)
- Students may test for CRS Certification after completing 78 hours of training including 66 classroom hours and 12 hours of work outside the classroom.

<sup>\*</sup>The hours listed here are the minimum hours necessary to complete the curriculum. Actual classroom time may vary from week to week depending on class flow. Students should arrive by 8:15 am and expect to be in class to 4:30 pm each day.



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Date	Course	Hours
4/4/2025	RSC01 - Introduction for the Recovery Specialist	6.5
	The first session in the Recovery Specialist Curriculum (RSC) will introduce the course, covering the history of SUD and recovery. Multiple definitions of recovery will be discussed as well as initial dialogue on the role of the recovery specialist.	
4/11/2025	RSC02 - The Role of the Recovery Specialist	6.5
	The second session in the RSC will conclude the discussion of the role of the Recovery Specialist (RS) and begin the review of communication and professional skills of the RS	
4/17/2025	RSC03 - Communication and Motivational Interviewing	7 (Thursday)
	The third session of the RSC will conclude the discussion of the role of the Recovery Specialist (RS) and introduce Motivational Interviewing.	
4/25/2025	RSC04 - Stages of Change and Ethical Considerations	6.5
	The fourth session of the RSC will continue the discussion of Motivational Interviewing and review the Stages of Change. Ethical responsibility and professionalism will also be discussed.	
5/2/2025	RSC05 - Ethical Responsibility and Professionalism	6.5
	The fifth session of the RSC will conclude the discussion on ethics and professionalism. The day will conclude with beginning the discussion on Substance Use Knowledge.	
5/9/2025	RSC06 - Substance Use Knowledge	6
	The sixth session of the RSC will be an in-depth discussion on substance use	
5/16/2025	RSC07 - Co-Occurring/Mental Health and Recovery Planning/Collaboration	6.5
	The seventh session of the RSC will discuss co-occurring disorders and mental health, as well as begin a discussion on recovery planning and collaboration.	
5/23/2025	RSC08 - Recovery Planning/Collaboration and Other Types of Support	6.5
	The eighth session of the RSC will conclude discussion of recovery planning and collaboration. Additionally, other types of support a recovery specialist can provide will be reviewed, including non-clinical support groups, digital recovery support, and advocacy.	
5/30/2025	RSC09 - Advocacy and Cultural Competency	7
	The ninth session of the RSC will conclude discussion on advocacy and begin a discussion on cultural competency.	
6/5/2025	RSC10 - Cultural Competency, Safety and Self-Care	7
	The tenth and final session in the RSC will conclude the discussion of cultural competency and discuss safety and self-care for the recovery specialist.	
	Classroom Total	66
	Out of class assignments	12
	Total Certification Hours	78

Please call Jason Rilogio at 814-659-7410 for more info or with any questions.